# **Newsletter**

Week of March 15th 2011

#### Welcome



Hello,

This weekend we had quite a run of lambs, 10 to be exact. Most of them came during the day but the latest three decided to wait until the wee hours of the morning. Besides the new babies our plants are loving the warm weather. We have started to plant outside and have had to start opening the greenhouses during the warmest parts of the day.

In This Issue
Spring CSA
March Farm Dinner
Farm Market
Lamb-alanche
Lamb naming contest

# Spring CSA

I hope everyone is ready for the Spring CSA. We are packing up the first boxes today, fresh basil and salad along with potatoes onions and many other Living Farm treats have made it into the boxes. If any of you still need to sign up for the most comprehensive CSA in the valley, running 50 weeks in the year, just call Lynn at 970-270-3338 or check out the website, <a href="https://www.thelivingfarm.org">www.thelivingfarm.org</a>

#### March Farm Dinner

The March dinner was quite a good one. The lamb lasagna featuring three cheeses make from milk from our dairy cow, Abigail. Not to mention the creamy wonder of our Lavender creme brulee. While this dinner was the last in our series we will be having an encore dinner on April 16th. All of the proceeds from this dinner will go towards Slow Foods Western Slope to thank them for their continued support of the Living Farm School and Education Center. Slow Foods Western Slope will use this money towards their farm to school program. For reservations call Lynn at 970-270-3338 or send an email to <a href="mailto:slowfoodswesternslope@gmail.com">slowfoodswesternslope@gmail.com</a>. Like the dinners plates will be \$25 and the dinner will begin at 5:30. Wine will be available for \$5 per glass.



#### Farm Market

Just wanted to remind everyone that our farm market runs every Saturday from nine until noon, and starting April 23rd we will be expanding our hours until four in the afternoon. We will also be starting our tours at this time. Our market features everything we grow here on the farm, from lettuce and carrots to eggs, beef, and pork. We also have a large amount of citrus; oranges, grapefruit and lemons.

#### Lamb-alanche

This week we had our first lamb-a-lanche. This is when we have multiple lamb births is a very short period of time. This usually occurs with no sleep and eating whatever we can find as we run though the house changing out of the wet clothes from the last birth. We watch our sheep very closely just in case they have trouble birthing. This includes 4 hour checks all night long when one is near birthing. Sean and Benjamin our 2<sup>nd</sup> year students has kindly "volunteered" for the 3 am check.

# Lamb naming contest

Below you will find pictures of all the lambs born within the last week-you can see some additional information about each new baby in the description below. Be sure to include the # of which lamb you'd like to name. Name one or name them all. We have over 60 babies due this spring and we'll need lots of names, so get your entries in and we will announce the winners in one of the upcoming newsletters and give each winner a \$5 gift certificate to our farm market. Send your entries to <a href="mailto:thelivingfarm@tds.net">thelivingfarm@tds.net</a> the deadline is March 23rd.

March 12 Amazing Grace gave birth to #101 a boy\*\* and # 102 a girl

March 13 Mocha gave birth to #103 and boy and #104 a girl

March 13 Luna gave birth to 3 girls # 105, #106 and #107

March 13 Snow gave birth to 3 girls # 108, #109, #110

\*\* Any boy with \*\* after his name is being considered for stud and will need a formal name like the race horses get.



### Available meats:

Available meats this week.

Beef	One pound roll burger	\$6.00
Beef	12 pack ½ pounders hamburger patties	\$18
Beef	4 pk 1/4 pounders hamburger patties	\$6
Beef	Various cuts of steak (call for selection)	\$8.40 per pound
Beef	$\frac{1}{4}$ , $\frac{1}{2}$ or whole beefs (call to order)	\$2.85 per pound hang weight
Beef	roasts	\$6.50 per pound
Chickens	Whole chickens ranging from 3 # to 7 #	\$3.30 per pound
Lamb	Whole lamb available this April (call to reserve)	\$2.85 per pound hang weight
Pork	Whole or half pork available this April( call to reserve)	\$2.85 per pound hang weight
Pork	one pound roll burger	\$6
Pork Chops	2 per package	\$8.40 per pound

#### Reuse

We are always in need of egg cartons, plastic bags, and newspaper. Just put them in your CSA box or come on by the farm and drop them off.

## Pass along our Newsletter

If you know of someone that would enjoy reading our newsletter, who would like to join our CSA, come to our Farm Market, or join us for one of our farm dinners, please feel free to pass this newsletter along or send us their email address and we'll do it for you.

**Contact us:** If you have any questions, concerns, ideas or suggestions, shoot us over an e-mail... <a href="mailto:thelivingfarm@tds.net">thelivingfarm@tds.net</a>